Off the Hook: Love, Leadership, and the Limits of Care

Fall Professional Development Workshop | Nov 18 | 1:00–3:00 p.m.

What might change if we understood love not simply as a feeling, but as a leadership practice?

Time	Agenda
1:00–1:10	**Welcome and Introductions** **Dr. Andrea Stark Bishop** | Welcome and brief reflection on bell hooks **Kendra Thompson** | Introduction of speakers
1:10–1:40	**Block 1: Sustainable Leadership and Personal Strengths** **Zoom Room 1: Andrea Lanier Williams** | *Loving the Work Without Losing Yourself: Boundaries, Self-Advocacy, and a More Sustainable Future in Higher Education* **Zoom Room 2: Dr. Chelsea D. McNutt** | *In Full Bloom: Recognizing the Strengths That Shape Your Leadership*
1:40–1:45	**Transition and Door Prize Drawing**
1:45–2:15	**Block 2: The Limits of Helping and Reclaiming Time** **Zoom Room 1: Carol Birth** | *The Courage to Step Back: Accountability, Cognitive Coaching and the Limits of Helping* **Zoom Room 2: Krystal Shipp** | *Working 9 to 5: Using AI to Reclaim Your Time in Higher Education*
2:15–2:20	**Transition and Door Prize Drawing**
2:20–2:50	**Block 3: Love, Fear, and Workplace Anxiety** **Dr. Crystal Harris** | *"No Safe Place" Between Love and Fear: Using bell hooks and the Greek Loves to Face Anxiety at Work*
2:50–3:00	**Closing Thoughts** **Dr. Stephanie Cox** | Reflections and closing remarks











